



# Frank Chapman

## Outdoor Education Centre

**We are encouraging children to bring their own sleeping bag or a pillowcase and single duvet cover – this helps settling in and is a welcome part of keeping the connection with home.**

**We will still supply a generic set if children are unable to bring their own.**

- A suitcase small enough for you child to carry
- Sleepwear (Warm for possible cold nights)
- Slippers
- Sweater / fleece – fairly thick x 2
- Trousers x 4
- T- shirts x 6
- Washing Kit and towel for washing
- Outdoor shoes x 1
- Wellies
- Waterproofs
- Coat x 1
- Torch with fresh batteries.
- Plastic bags x 5

***As an outdoor centre your child will get muddy at some point – old clothes are better than brand new ones***

### **Winter Kit**

- Waterproof & Warm Jacket
- Warm hat
- Warm Gloves
- Scarf
- Extra socks – long for wearing with wellies
- Lip salve

### **Summer Kit**

- A hat – preferably with a peak for protection from the sun
- Sun cream (Factor 15 or above)
- Sun glasses if you have them
- T shirts with short sleeves and not straps
- A refillable drink bottle

**PLEASE ENSURE ALL BELONGINGS ARE CLEARLY NAMED**

**This is based on a four night residential visit; adjust accordingly for the length of your stay**

# THINGS YOU NEED TO KNOW!

ANY EXPENSIVE EQUIPMENT IS BROUGHT ENTIRELY AT THE OWNER'S RISK  
NO MOBILE PHONES - THERE IS NO RECEPTION.

WE WILL PROVIDE YOUR CHILDREN WITH PLENTY TO EAT AND ARE ACTIVELY DISCOURAGING UNHEALTHY  
SNACKS BETWEEN MEALS – WE SEEK YOUR SUPPORT IN THIS MATTER

## At the centre:

- ✘ A range of waterproof tops and bottom in most sizes for use in very bad weather and also as protection from mud – children are encouraged to bring their own suitable warm jackets though
- ✘ A range of wellington boots in most sizes for those with unsuitable footwear for the conditions
- ✘ All the safety equipment required for activities
- ✘ Small range games equipment, you are welcome to bring your own footballs, bats, games
- ✘ Some DVD's & videos for evening viewing – suitable for a range of age groups
- ✘ Facilities to launder and dry clothing in an emergency if needed
- ✘ Hair driers

## What we ask you to bring:

### Lead Staff:

- ✘ Your own snacks and refreshments for consumption after the children have gone to sleep (we provide endless tea, coffee, hot chocolate, milk & sugar)
- ✘ Extra games equipment for free time; bats, balls, hoops etc etc
- ✘ Resources and equipment for 'Leaders time' – pencils, rubbers etc
- ✘ Cameras for recording your visit

### Children:

- ✘ Pocket money limits – an agreed maximum for spending in the shop – Please can you ensure that the children bring some of their money in change as we have a limited amount in the shop till and cannot always change £5/£10 notes
- ✘ There is no mobile phone reception at our site. We ask that all electronic items (gadgets, phones, mp3 players) are best left at home. Cameras may be brought by pupils at your discretion, but the Centre cannot accept liability for their loss or damage
- ✘ A healthy snack per day at the school's discretion. No food is allowed in the dorms
- ✘ Clothing and effects as detailed on the kit list and clearly named. It is really important parents stick to the guidelines for numbers as huge amounts are not necessary. It is important to stress that the children will be potentially getting muddy whilst here and therefore old clothing that can get dirty is to be recommended
- ✘ A warm waterproof coat, one pair of shoes, slippers and wellies or boots all suitable for the forest and the British weather