



Frank Chapman

15-17 OCTOBER 2018

What To Expect

- ▶ Mixture of different activities which will be run by Frank Chapman staff during the day.
- ▶ May include: shelter building, orienteering, forest walks, time on the adventure playground, games and sports etc.
- ▶ Evenings will be spent socialising, watching DVD's, playing games etc.

Travel

- ▶ Children will be travelling together on one coach.
- ▶ Leaves school at 9.30 on the 15^h
- ▶ Due to return to school around 2.45 on the 17th
- ▶ Children to be dropped off and collected from the school hall on those days. Please drop children off at the normal time.
- ▶ We will send out an updated time for arrival back to school once we have left Frank Chapman on Wednesday.

Accommodation

- ▶ Breakfast, lunch and evening meal is provided. Dietary requirements will be taken into account (as long as we know about them!).
- ▶ Children will sleep in single-sex dorms together. Sleeping arrangements will be allocated on arrival.
- ▶ Staff have separate rooms but will always be available and the children will know where we are if needed.

Recommended Kit List

- ▶ Suitcase or bag small enough for children to carry themselves
- ▶ A sleeping bag
- ▶ Warm sleepwear and slippers
- ▶ 2x thick sweaters/fleeces
- ▶ 4x trousers
- ▶ 6x T-shirts/tops
- ▶ Outdoor shoes
- ▶ Wellies
- ▶ Waterproofs
- ▶ Winter coat
- ▶ Torch
- ▶ Washing kit and towel
- ▶ Lots of plastic bags!

Please label clothing
and shoes wherever
possible!

Requests

- ▶ Please don't allow children to bring mobile phones or other electronic equipment.
- ▶ Children will be provided with plenty of healthy, filling food by the centre and so extra snacks are not necessary.

Money

- ▶ There is a shop on site that children can buy souvenirs from.
- ▶ Children can bring a maximum of £5 to spend.
- ▶ Please hand in the money clearly labelled in an envelope on the morning of the trip.
- ▶ Money will be looked after by a member of staff. Children will be offered a choice of goody bags by the centre staff up the value of £5.
- ▶ Unspent money will be returned at the end of the trip.

Illness/Medication

- ▶ If your child is taking any prescription medicine, this needs to be handed in on the morning of the trip and you will need to complete a consent form before we can administer any medicine.
- ▶ Make sure it is clearly labelled and that the instructions for administering the medicine are clear.
- ▶ There are trained first aiders at the centre who can look after children who may be ill or who may hurt themselves whilst we are away.
- ▶ If necessary we will contact parents and for serious illness/injury it may be necessary for the child to return home.

Payment

- ▶ Deadline for final payment is Friday 14th September.
- ▶ Please make sure that any outstanding amounts are paid to the office as soon as possible.
- ▶ Office staff have details of payments made so far if anyone is unsure.