

Old Park Primary School - PE Curriculum Overview

<https://www.completeperesource.com/portal>

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
|------------------|---|---|--|---|---|---|
| Nursery | Games - Hands 1 | Fundamental ABC - EYFS (NJ) | Gymnastics - Making shapes | Moving to music EYFS (NJ) | Locomotion - Walking - Jumping | Simple team games - EYFS (NJ) |
| Reception | Games - Hands 2 | Dance - Ourselves | Gymnastics - Moving | Games - Feet | Locomotion - Jumping - walking | Games - Attack vs defence |
| Year 1 | Games - Hands 1 - Hands 2 | Dance - Growing | Gymnastics - Body parts | Games - Feet | Locomotion - Running | Games - Attack vs defence |
| Year 2 | Games - Hands 1 - Hands 2 | Dance - water | Gymnastics - Linking movements | Games - Feet | Locomotion - Jumping | Games - Dodging - Attack vs Defence |
| Year 3 | Gymnastics - Symmetry & asymmetry Swimming | Dance - Weather Swimming | Gymnastics - Symmetry & asymmetry Swimming | Dance - Weather Swimming | Athletics - Throwing & Jumping - Running - Tag Rugby | - Games - Cricket |
| Year 4 | Games - Hockey | Outdoor adventure games - Problem solving Dance - Cats | Gymnastics - Bridges | Games - Tennis (to be taught through badminton) | Athletics - Throwing & Jumping - Running | Games - Rounders |
| Year 5 | Gymnastics Counter balance & counter tension | Dance - Greeks (Could easily be adapted to Vikings if desired) | Games - Football | Games - Cricket | Athletics - Running - Throwing & Jumping | Games - Tennis (to be taught as table tennis) |
| Year 6 | Outdoor adventure games orienteering Games Basketball | Dance Carnival | Games Tennis | Gymnastics - Matching & Mirroring | Athletics - Competition (children may need to access some of the lessons from the throwing & Jumping and Running units) | Games - Rounders |